



Tanis Dick

Tanis Dick BFA, MAT, RCAT, ATR-BC is a Masters trained Art Therapist and consultant in practice since 1993. She operates *Tanis Dick and Associates: Art Therapy and Counselling Services* in Winnipeg, and is Registered and Board Certified by the American and Canadian Art Therapy Associations. Her clinical work is based on the philosophy that creative action is healing and life-enhancing and she works with children, youth, adults and families individually and in groups encouraging people to use creative action and perspective to promote increased resiliency, self-esteem and enhanced living.

Tanis is the co-creator of *Girls Making Links: a guide for facilitators* and is the co-founder of *Ground Up Professional Development Services* which provides training in the integration of creative approaches in counselling. Ms. Dick is published in the *American Journal of Art Therapy* 39 (4), 108-112, the *Manitoba Journal of Counselling* 10(3), 23-24, and the *Manitoba School Counsellor* 2(2010).

Tanis is also a professional artist. Her clay sculpture is featured in *The Ceramic Spectrum, Second Edition* by Robin Hopper and exhibited in gallery locations in Canada and Florida.